



## Attaching the Timing Tag

**Timing tags are not disposable. They are the property of Wingfoot Finish and are to be returned after the meet. Coaches, please be aware that there will be a \$10.00 charge per tag not returned.**

Athletes must wear their ASSIGNED timing tag in order to get an official time and place.

Attach the tag to a shoe. Make sure the number on the tag matches the assigned number. Attach the tag with the provided twist ties.

### **Coaches:**

**Please collect the tags from your runners after their races and return them (plus any extra twist ties) in the bag you were given at check-in. Unreturned tags will result in a charge of \$10.00 each.**

### **Directions for attaching the tag to the shoe:**

1. Change from previous years, twist ties will no longer be used.
2. Remove one side of the lace from two eyelets.
3. Thread shoe lace through a couple of the holes in the shoe tag.
4. Re-lace the shoe lace back into shoe.
5. Athletes must properly secure their shoe tag.
  - a. Be sure to double-knot your laces.
  - b. Failure to properly the shoe tags will result in inaccurate results.
  - c. Video showing one of the possibilities: [https://youtu.be/NEJx\\_yKTFMQ?t=40](https://youtu.be/NEJx_yKTFMQ?t=40)  
Ultimate goal is to ensure that the shoe tag makes it from start to finish.