



## Attaching the Timing Tag

**Timing tags are not disposable. They are the property of Wingfoot Finish and are to be returned after the meet. Coaches, please be aware that there will be a \$10.00 charge per tag not returned.**

Athletes must wear their ASSIGNED timing tag in order to get an official time and place.

Attach the tag to a shoe. Make sure the number on the tag matches the assigned number. Attach the tag with the provided twist ties.

### **Coaches:**

**Please collect the tags from your runners after their races and return them (plus any extra twist ties) in the bag you were given at check-in. Unreturned tags will result in a charge of \$10.00 each.**

### **Directions for attaching the chip to the shoe:**

1. With shoe laced, thread the twist ties under the shoe laces.
2. Put the twist ties ends through the tag holes.
3. Twist the ends of the twist ties together so that the tag is snug against your shoe and stays in place.
4. Flatten the twist ties ends down to keep them from snagging on things.



When **removing the twist ties** either untwist them or use scissors/wire cutters to remove the ties. Do not just pull the tag off since this will often break the tag.