

Grand Canyon University Cross Country Invitational

Saturday, October 3, 2009

Thunderbird Paseo Park

Glendale, Arizona

START TIMES: Men's 10,000 meters @ 8:00 AM

Women's 6,000 meters @ 9:00 AM

ENTRY FEE: \$100 per team (Men and Women teams are separate)

\$10 for Unattached/Open Athletes

REGISTRATION: There will be NO day of race registration.

You MUST register in advance at <u>www.wingfootfinish.com</u> by deadline date of September 29, 2009, by 12 midnight (MST).

Payment can be brought in full on race day or mailed to the following:

GCU Cross Country

Attn: Kim Sims

3300 W. Camelback Road

Phoenix, Arizona. 85017

Please make checks payable to GCU Athletics.

CHECK IN: All teams and individuals much check in and pick up race packets by 8:45 AM. Race packets will be made available beginning at 7:30 AM at the Officials tent located near the Finish area.

| SCORING: | Provided by Wingfoot Finish. First 5 runners per team will score. |
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| COURSE: | Course description TBA. |
| FACILITIES: | Restrooms will be available. No Showers. |
| HOTEL: | GCU recommends using the Crowne Plaza Hotel. Contact Mary Anne Borruso at 602-331-9331 or email <u>Maryanne.borruso@ihg.com</u> . |
| | Directions to the hotel from the Phoenix Airport: |
| | Exit airport on I-10 West, Merge onto I-17 north via Exit 143A, exit at Peoria Ave, turn right onto Peoria Ave, turn left onto 25 th Ave, and an immediate left into hotel parking lot. |
| PARK INFO: | Thunderbird Paseo Park is located west of 59 th Ave and Thunderbird Road. |
| | Parking is available at 59 th Ave just south of Thunderbird Road. |
| NUMBERS: | Pin numbers to the front of singlet. Do not pin bottom section of the number. Please DO NOT fold number. |
| QUESTIONS: | Please contact Kim Sims, GCU Head Coach, at 623-826-4092 or <u>coachsims@cox.net</u> . |