

The Four Corners Cross Country Invitational at Buffalo Park in Flagstaff, AZ

Date: September 19, 2009
Course: 5k loop course on dirt trails

Schedule:

Coaches Meeting	8:30am
Open Girls	9:15am
Open Boys	10:00am
Varsity Girls	10:45am
Varsity Boys	11:15am
Awards to follow	



Awards: Open races: Top 15 individuals and first place teams
Varsity races: Top 20 individuals and first two teams

Entry Fee: \$100 per team (boys or girls)
\$150 for both boys and girls teams
Payable to: Flagstaff High School
c/o Cross Country
400 W Elm
Flagstaff, AZ 86001

FHS: (928) 773-8100

Email: trinap1@msn.com

Online entries only at www.wingfootfinish.com
Entries close September 14th at 7:00pm

Entry/Account questions/problems: refer to the "help" button on the top right page of www.wingfootfinish.com

Parking: There is limited parking at Buffalo Park. There is a drop off/ pick up area for busses and vans at the park entrance, but they will need to park off site at FHS or Coconino HS.